

NUTRAFOL®

Women's Balance

A multi-targeting nutraceutical containing standardized ingredients that address key triggers of poor hair health including stress, DHT, free radicals, micro-inflammation, compromised nutrition, and hormone changes associated with menopause.



Benefits

Hair Growth – Ingredients clinically shown to increase hair growth, provide fuller hair, and maintain existing hair growth.

Hair Quality – Designed with ingredients to improve strength, shine, texture, appearance, density, and nourish hair from within.

Overall Health – Formulated with ingredients known to reduce symptoms of menopause, reduce stress and fatigue, improve sleep, improve the appearance of skin and nails, and promote overall feelings of wellness.

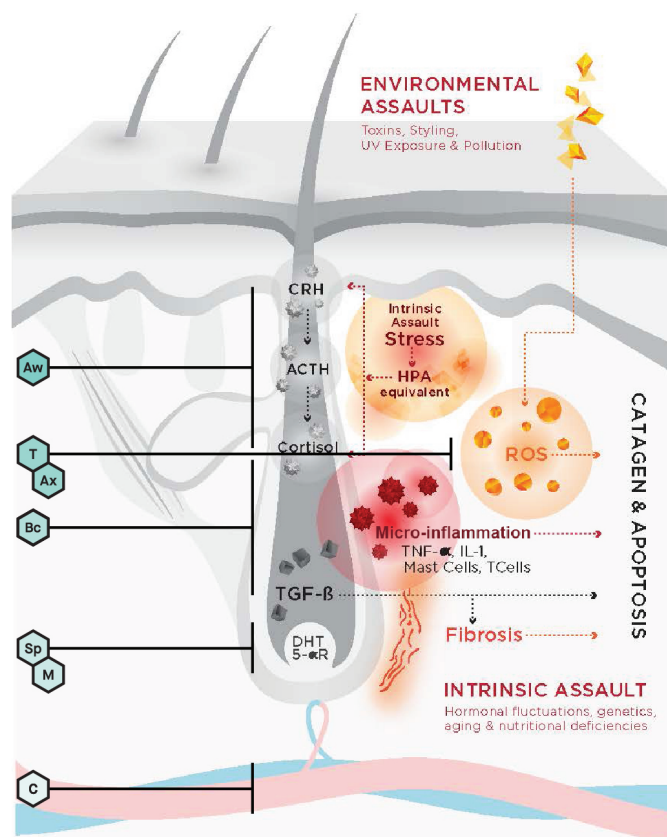
Indications

For adults entering, during, and after menopause experiencing hair-related changes.

Special Features

- Toxins and hormones may play a significant role in hair health during and after menopause. Enhanced with Maca root and Astaxanthin.
- Synergen Complex Plus® is a proprietary blend of standardized botanicals that target multiple factors affecting hair growth.*
- Nutrafol Blend® is a proprietary blend of amino acids and botanicals designed to provide bioavailable nutrient support for healthy hair production.*
- Physician formulated with clinically tested, patented ingredients shown to be effective in humans.
- Careful extraction methods to preserve the most potent part of each plant without harm.
- Standardized to ensure each serving contains a clinically effective dosage.
- Sourced responsibly from all over the world, manufactured in the United States.
- Enhanced with bio-optimized technologies.

How It All Comes Together



Ashwagandha targets stress hormone, cortisol



Astaxanthin targets oxidative stress



Saw Palmetto targets DHT Hormones



Collagen targets hair nutrition



Tocotrienols targets ROS and lipid peroxidation



Bio-Curcumin targets micro-inflammation



Maca targets hormone imbalance

Ablon G, Kogan S. A Six-Month, Randomized, Double-Blind, Placebo-Controlled Study Evaluating the Safety and Efficacy of a Nutraceutical Supplement for Promoting Hair Growth in Women With Self-Perceived Thinning Hair. J Drugs Dermatol. 2018;17(5):558-565.

Recommendations

Nutrafol recommends 4 capsules daily with a meal containing healthy fat.

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

| | AMOUNT PER SERVING | %DV |
|---|--------------------|-----------|
| Vitamin A (as Beta-Carotene) | (5000 IU) 1563 mcg | 174% |
| Vitamin C (as Ascorbic Acid) | 100 mg | 111% |
| Vitamin D (as Cholecalciferol) | (2500 IU) 62.5 mcg | 313% |
| Biotin (as D-Biotin) | 2500 mcg | 8333% |
| Iodine (from Organic Kelp) (<i>Laminaria Digitata</i>) | 225 mcg | 150% |
| Zinc (as Zinc Amino Acid Chelate) | 20 mg | 182% |
| Selenium (as L-Selenomethionine) | 200 mcg | 364% |
| SYNERGEN COMPLEX PLUS® | 1875 mg | ** |
| Organic Gelatinized Maca (Root) Powder, Saw Palmetto (Fruit) CO ₂ Extract (>45% Fatty Acids), Hydrolyzed Marine Collagen Type I & III, Sensoril® Ashwagandha (Root and Leaf) Extract (10% Withanolides), Liposomal Curcumin (Rhizome) Extract (>45% Curcuminoids), Full Spectrum Palm Extract (20% Tocotrienol/Tocopherol Complex), Astaxanthin (<i>Haematococcus Pluvialis</i>) | | |
| NUTRAFOL BLEND® | 480 mg | ** |
| L-Lysine, L-Methionine, L-Cysteine, Horsetail (Stem and Leaf) Extract, Japanese Knotweed (Root) Extract (50% Resveratrol), Black Pepper (Fruit) Extract (95% Piperine), Capsicum (Fruit) Extract (2% Capsaicinoids) | | |

**Daily Value (DV) not established

OTHER INGREDIENTS: Vegetable Cellulose Capsule, Organic Rice Hulls.
CONTAINS: North Atlantic Cod (Collagen).

DOES NOT CONTAIN: Gluten, Soy, Shellfish, Binders.

Discover the clinical efficacy of our ingredients at [Nutrafol.com](https://www.nutrafol.com)
Sensoril® is a reg. trademark of Natreon Inc. and protected by US Patent Nos. #6,713,092, #7,318,938

Precautions

If you have a medical condition or are taking medications (especially blood thinning drugs) consult with your doctor before using. Not intended for children under 18, pregnant or nursing mothers.

Highlighted New Ingredients



Organic Peruvian Maca Root

Maca is shown to naturally tonify and promote adaptation during hormonal changes attributed to menopause. Changes in hormones during menopause have been linked to poor hair health. Gelatinized for enhanced bio-absorption.



Astaxanthin

A potent antioxidant clinically shown to reduce oxidative stress markers and promote healthy aging.